HOT MENU - Lehigh County Sr. Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Stuffed Pepper	BBQ Pork Riblet	Chicken Fritters	Spaghetti and	Breaded Fish Filet
Mashed Potatoes	Sandwich	Wax Beans	Meatballs	Broccoli &
Buttered Carrots	Buttered Mixed	Roasted Red	Side Salad	Cauliflower
WW Dinner Roll	Vegetables	Potatoes	Broccoli	French Onion
	Baked Beans	WW Dinner Roll	WW Spaghetti w/	Soup
Vanilla Greek	WW Sand. Roll		Sauce	WW Dinner Roll
Yogurt		Applesauce		Chocolate Chip
	Fresh Clementine		Vanilla Pudding	Cookie
8	9	10	11	12
Veal Parmesan	Garlic Butter	Beef Lasagna	Cheesesteak	Chicken Marsala
	Chicken			Buttered New
Peas		Side Salad	Vegetable Soup	Potatoes
WW Penne w/Sauce	Green Beans	Broccoli &	Roasted Potato	Buttered Vegetable
	Mashed Potatoes	Cauliflower	Wedges	Medley
Diced Pears	WW Dinner Roll	WW Dinner Roll	WW Sandwich Roll	WW Dinner Roll
Oatmeal Cookie	Chocolate		Fresh Orange	Strawberries
	Pudding	Pound Cake		
15	16	17	18	19
Cheeseburger	Roast Chicken	Glazed Pork	Sweet and Sour	BBQ Pulled Pork
	Breast w/Gravy		Meatballs	
Roasted Potato	Buttered	Sauerkraut		Creamy Coleslaw
Wedges	Vegetable Blend	Mashed Potatoes	Asian Vegetable	Chuckwagon Corn
Carrots	Roasted Red		Blend	
WW Sandwich Roll	Potatoes	WW Dinner Roll	Vegetable Fried	WW Sandwich Roll
	WW Dinner Roll		Rice	
Fresh Clementine		Fresh Apple Slices		Peaches
	Vanilla Pudding	Cookie	Mand. Oranges	
22	23	24	25	26
Smothered Pork	Meatloaf w/Gravy	Broccoli & Cheese	Cheese Omelette	BBQ Chicken Patty
		Stuffed Chicken		Sandwich
Brussels Sprouts	Mashed Potatoes		Hash Brown Patty	
Sweet Potatoes	Carrots	Buttered Vegetable		Beef and Bean
		Blend	Peppers and	Chili
WW Dinner Roll	WW Dinner Roll		Onions	Vegetable Blend
		Buttered Brown Rice	WW Biscuit	WW Sandwich Roll
Jello	Banana Bread			
		Fresh Fruit Salad	Fresh Orange	Strawberry Banana
				Applesauce
29	30			
		нот	MENU CALENI	
Stuffed Pepper	BBQ Pork Riblet			
	Sandwich		<b>APRIL 2024</b>	
Mashed Potatoes	_		18 111	
Buttered Carrots	Buttered Mixed			
WW Dinner Roll	Vegetables			
	Baked Beans			
Vanilla Greek	WW Sandwich		A CARE	
Yogurt	Roll		1.	
	Fresh Clementine			
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LITE MENU - Lehigh County Sr. Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Turkey and Gouda Sandwich	Roast Beef & Pepper Jack Sandwich	Italian Salad Salad Vegetables	Chef Salad with Chicken	BBQ Chicken & Cheese Sandwich
Diced Beets Whole Wheat Bread Fresh Pear	Broccoli Slaw WW Bread	WW Dinner Roll	Salad Vegetables WW Dinner Roll Fresh Orange	Baby Carrots w/ Ranch WW Sandwich Roll
	Pineapple			Fresh Orange
8	9	10	11	12
Roast Beef Club Sandwich	Ham and Cheddar Sandwich	Chicken Caesar Salad	Pastrami and Swiss Sandwich	Spring Mix Salad with Chicken
Four Bean Salad WW Club Roll	Diced Beets WW Bread	Salad Vegetables WW Dinner Roll	Potato Salad WW Sandwich Roll	Salad Vegetables WW Dinner Roll
Tropical Fruit	Pineapple	Strawberry Banana Applesauce	Fresh Pear	Fresh Orange
15	16	17	18	19
Turkey and Provolone Sandwich	Roast Beef and Swiss Sandwich	Egg Salad Sandwich Baby Carrots w/	Turkey, Cheddar, & Bacon Sandwich	Ham Salad Sandwich
Potato Salad WW Sandwich Roll	Cucumbers WW Sandwich Roll	Ranch WW Sandwich Roll	Broccoli Slaw Whole Wheat Bread	Four Bean Salad WW Sandwich Roll
Mandarin Oranges	Fresh Pear	Pineapple	Fresh Pear	Fresh Orange
22	23	24	25	26
Turkey and Gouda Sandwich	Roast Beef & Pepper Jack Sandwich	Italian Salad Salad Vegetables	Chef Salad with Chicken	BBQ Chicken & Cheese Sandwich
Diced Beets Whole Wheat Bread	Broccoli Slaw WW Bread	WW Dinner Roll Tropical Fruit	Salad Vegetables WW Dinner Roll	Baby Carrots w/ Ranch WW Sandwich Roll
Fresh Pear	Pineapple		Fresh Orange	Fresh Orange
29	30			
Roast Beef Club Sandwich	Ham and Cheddar Sandwich	LITE MENU CALENDAR APRIL 2024		
Four Bean Salad WW Club Roll	Diced Beets WW Bread			
Tropical Fruit	Pineapple			